

PROJECTS AND PROGRAMMES and their impact for the society

Our principal task has always been rehabilitation and therapeutic support of the disabled. Our activities have fixed procedures, and the programmes (proven by our experience) meet our families' expectations.

Another branch of our activity is physiotherapeutic and intellectual therapy, performed as public task, co-financed by the Toruń Gmina, intellectual and social therapy for children with FAS (public tasks co-financed by the Toruń Gmina and the Kujawsko-Pomorskie Region)

THERAPEUTIC INSTITUTE is the place where the following activities are performed:

- "Education and Stimulation- multi-profile rehabilitation of children and young people" is the main (flagpole) branch of the Foundation. The programme is co-financed by PFRON, and people from all over Poland are its beneficiaries. Here 5-day long Initial Visits and 2-day-long Re-visits are conducted. Families of disabled children are given individual programmes for rehabilitation at home.
- FAS Dispensary – we offer doctor's consultation (child neurologist's), as well as a consultation with a pedagogue- therapist, psychologist, rehabilitant. This activity is co-financed by National Health Fund (NFZ)

PUBLIC TASK COMMISSIONING- *THE TORUŃ GMINA:*

- "Give A Chance. Dispensary for development of disabled children and young people" – beneficiaries from Toruń city are provided with regular hours with rehabilitants and/or pedagogues- therapists. As a result, they improve their motor- intellectual and social skills.
- "FAS Therapy for the Development of Children With Fetal Alcohol Syndrome" – we support children with FAS, providing hours of individual therapy with pedagogues – therapists. And/ or our psychologist.

Moreover, we organize meetings with young people (usually at schools) where effects of drinking alcohol while being pregnant are discussed.

PUBLIC TASK COMMISSIONING- THE KUJAWSKO-POMORSKIE VOJVODSHIP

- "FAS Therapy for the Kujawsko- Pomorskie Voivodship"
- "More than for ourselves" – group meetings of young people with disabilities under the eye of our therapists. They are aimed at focusing the group on the needs of one another and on other people as well.

All those activities are aimed at improving neurological condition of disabled children and young people, improving their self-dependence, enhancing their social competence and peer integration. In case of activities towards children with FAS (Fetal Alcohol Syndrome) we aim at improving their

social behavior, concentration and memory, enhancing their self-esteem, and educating the society through explaining the background problem of children with FAS, showing how to improve their relations with the society and informing how significant it is to refrain from alcohol during pregnancy.